# UPDATES IN PRIMARY CARE VIRTUAL CONFERENCE

Saturday, April 10, 2021

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Children's Hospital of Philadelphia<sup>•</sup> Breakthroughs. Every day:



# COURSE OVERVIEW

This one-day program will provide primary care pediatricians and advanced practice providers with the most up-to-date information on a variety of common pediatric issues and current research. By the end of the conference, attendees will be able to critique common pediatric topics with the lens of lessons learned during the COVID-19 pandemic and focus on action steps in creating an equitable future in pediatrics. The speakers represent experts from across Children's Hospital of Philadelphia in an interdisciplinary education model that highlights primary care experts alongside subspecialists and other care providers.

## **GENERAL INFORMATION**

The registration fee includes the conference live stream, online presentations, and CME/CEU and other credits. The registration fee is \$50.

# COURSE OBJECTIVES

Upon completion of this course, participants will be able to:

- 1. Critique common pediatric topics with the lens of lessons learned during the COVID-19 pandemic and action steps in creating an equitable future in pediatrics
- 2. Define common pediatric dermatologic conditions in the context of racial health inequities
- 3. Evaluate cardiac risk and current guidelines on sports participation after COVID-19 infection
- 4. Explain the changing landscape of behavioral health in pediatric patients in the setting of the COVID-19 pandemic
- 5. Examine priorities in addressing wellness, safety and behavioral health for self and patients through interactive workshops

# ACCME ACCREDITATION STATEMENT

Children's Hospital of Philadelphia is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians.

# AMA CREDIT DESIGNATION STATEMENT

Children's Hospital of Philadelphia designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# CANCELLATION AND REFUND POLICY

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, Children's Hospital of Philadelphia will refund any registration fees, less a \$10 service charge. In order to process refunds for course withdrawals, cancellation must be received in writing by Friday, April 2, 2021.

# PROGRAM • SATURDAY, APRIL 10, 2021

7:30 a.m.	Introductions
8 a.m.	Keynote Address: SARS-CoV-2 Vaccines Paul A. Offit, MD
8:40 a.m.	Dismantling Institutionalized Racism and Health Inequity through the Lens of Dermatology Robert J. Smith, MD; Brittany Oliver, MD
9:30 a.m.	<b>Top Articles of the Year</b> Brian Jenssen, MD, MSHP; Alex Fiks, MD, MSCE
10:15 a.m.	BREAK
10:30 a.m.	<b>Cardiac Risk and Return to Sports after COVID-19</b> Stephen Paridon, MD
11:15 a.m.	<b>Pandemic Mental Health</b> Anik Jhonsa, MD; Carmelita Foster, PhD
Noon	LUNCH

Workshop I Wellness Participants	Workshop II Safety and Injury Prevention s can self-select their worksl	Workshop III Behavioral Health hop each hour
12:45 p.m. Addressing Burnout Eli Lourie, MD, MBI Miriam Stewart, MD 1:45 p.m. Pandemic-related Weight Gain Saba Khan, MD	12:45 p.m. Gun Safety Ruth Abaya, MD, MPH Dorothy Novick, MD 1:45 p.m. Improving Teen Driving Safety with Simulation Flaura K. Winston, MD, PhD Scott Tomaine, DO	12:45 p.m. Psychopharmacology 101 Stacy McAllister, MD Wendy Wallace, DO 1:45 p.m. Preventing Adolescent Suicide Jeremy Esposito, MD, MSEd Jason A. Lewis, PhD
2:45 p.m. Improving Sleep Hygiene Ariel Williamson, PhD, DBSM Anthony Luberti, MD	2:45 p.m. What Every Pediatrician Needs to Know about Child Abuse Cindy W. Christian, MD Mary Fabio, MD	2:45 p.m. Positive Parenting Linda G. McWhorter, PhD Maureen Braun, MD

4 p.m. Closing Remarks/Adjourn

Unless otherwise noted, faculty is from Children's Hospital of Philadelphia and/or the Perelman School of Medicine at the University of Pennsylvania.

## **Course Director**

Katie Lockwood, MD, MEd Director of Education, CHOP Primary Care Network Director of Behavioral Health Education, CHOP Pediatric Residency Program Attending Physician, Primary Care Assistant Professor of Pediatrics

#### **Course Faculty**

Ruth Abaya, MD, MPH Attending Physician, Emergency Department Assistant Professor of Clinical Pediatrics

Maureen Braun, MD Attending Physician, Primary Care

Cindy W. Christian, MD Assistant Dean, Community Engagement Professor of Pediatrics

Jeremy Esposito, MD, MSEd Attending Physician, Emergency Department Violence Prevention Initiative Fellow, Center for Injury Research and Prevention Assistant Professor of Clinical Pediatrics

Mary Fabio, MD Attending Physician, Primary Care Co-Director, Refugee Health Program Assistant Clinical Professor of Pediatrics

Alex Fiks, MD, MSCE Co-Medical Director, Pediatric Research Consortium Director, Possibilities Project: Innovation in Pediatric Primary Care Attending Physician, Primary Care Assistant Professor of Pediatrics

Carmelita Foster, PhD Psychologist, Department of Child and Adolescent Psychiatry and Behavioral Sciences

Brian Jenssen, MD, MSHP Attending Physician, Primary Care Medical Director for Value-Based Care, CHOP Care Network Faculty, PolicyLab, Center for Pediatric Clinical Effectiveness and Department of Biomedical and Health Informatics Assistant Professor of Pediatrics

Anik Jhonsa, MD Psychiatrist, Department of Child and Adolescent Psychiatry and Behavioral Sciences

## Saba Khan, MD

Attending Physician, Healthy Weight Program Director, CHOP Food Pharmacy Assistant Professor of Clinical Pediatrics

## Jason A. Lewis, PhD

Psychologist, Level 3 Associate Director of Outpatient Program, Department of Child and Adolescent Psychiatry and Behavioral Sciences

## Eli Lourie, MD, MBI

Attending Physician, Primary Care EHR Medical Director for Specialty Care Medicine Medical Director, Meaningful Use Assistant Clinical Professor of Pediatrics

#### Anthony Luberti, MD

Attending Physician, Primary Care Medical Director, Informatics Education, Department of Biomedical and Health Informatics Associate Clinical Professor of Pediatrics

Stacy McAllister, MD Attending Psychiatrist, Department of Child and Adolescent Psychiatry and Behavioral Sciences

Linda G. McWhorter, PhD Director, Widener Child Therapy Clinic Licensed Psychologist, Institute for Graduate Clinical Psychology, Widener University Research Psychologist, PolicyLab, Children's Hospital of Philadelphia Assistant Professor, Widener University

Dorothy Novick, MD Attending Physician, Primary Care Associate Clinical Professor of Pediatrics

Paul A. Offit, MD Director, Vaccine Education Center Attending Physician, Division of Infectious Diseases Maurice R. Hilleman Professor of Vaccinology and Professor of Pediatrics

Brittany Oliver, MD Dermatology, PGY-4 Hospital of the University of Pennsylvania

Stephen Paridon, MD Medical Director, Cardiovascular Exercise Physiology Laboratory Attending Cardiologist Professor of Pediatrics

Robert J. Smith, MD Assistant Professor of Dermatology, Eastern Virginia Medical School, Norfolk, Virginia



## Miriam Stewart, MD Hospitalist, Division of Neonatology Attending Physician, Justin Michael Ingerman Center for Palliative Care

Scott Tomaine, DO Regional Medical Director, CHOP Primary Care Network Attending Physician, Primary Care

Wendy Wallace, DO Attending Physician, Primary Care

Ariel Williamson, PhD, DBSM Clinical Psychologist, Department of Child and Adolescent Psychiatry and Behavioral Sciences Assistant Professor, Behavioral Health

Flaura K. Winston, MD, PhD Founder and Scientific Director, Center for Injury Research and Prevention Director, CChIPS Attending Physician, General Pediatrics Professor of Pediatrics

**Conference Planning Committee** 

Leigh Foppert, CRNP Melissa Hewson, MD Jennifer Keller, CRNP Katie Lockwood, MD, MEd Jen McDonald, DO Katie McPeak, MD Jennifer Stroup

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